

**Become an Ocean
or Stillwater**



Lifeguard

for Suffolk County Parks

Smith Point, Cupsogue and Meschutt all need lifeguards this summer. To qualify, you must complete a minimum of 4 training sessions.

Training Dates:

Sundays from 1:00-4:00 pm

Suffolk County Community College Riverhead Campus Pool

March 20, 2022

March 27, 2022

April 3, 2022

April 10, 2022

May 1, 2022

May 8, 2022

May 15, 2022

May 22, 2022

Be prepared to run 3 miles and swim 2x 50yds and 2x300yds for time, as well as other water skills. There is no fee for the training sessions. Please bring your ID. Applicants must be at least 16 years of age as of this summer.

Questions?

Contact Chief Bob Kolar at turnthepage97@hotmail.com